

### God is With You Always

I was at mass inhaling the fragrance of incense. Yet, this was no ordinary mass. I was to receive my third sacrament. I was to experience the Holy Eucharist. I was preparing, waiting, and praying to encounter Christ. As I leaned down to lower the kneeler, I realized I would remember this moment for the rest of my life. I prayed with my whole heart unlike ever before. I needed to be ready for God.

Nervously walking past each aisle, I suddenly smiled. God was with me; He always will be. I felt Him walking right beside me. I was not anxious or nervous anymore because I knew I was ready. At the railing, the priest placed the fragile, delicate host into my mouth.

Because of this sacrament, I feel closer to God and talk to Him every day. He is always with us, especially when we need help the most. Whenever you feel weak, scared, or ill prepared, remember God is with you, always.